

# Breakfast

Served:  
7.30am - 9.00am weekdays  
7.30am - 10.00am weekends

## Unlimited continental

Go continental with our selection of mini croissants, pain au chocolat, fruit, yoghurt and cereal; complemented by your choice of drink – fruit juice, Yorkshire tea and coffee.

£5.95



**Our ingredients:** We source our ingredients with care, using British produce wherever possible. Read more at [yha.org.uk/food-drink](http://yha.org.uk/food-drink).

**Nutrition:** As a guide, adults need around 2000 kcal day. **Allergens:** if you have any allergies please speak to a member of our team and they will be happy to advise you if an item from our menu meets your requirements.