### Brunch

#### Served until 2.00pm

Classic brunch
Veggie brunch (
Brunch bap meal deal£8.50 Choose one of our brioche-style brunch baps and a freshly brewed hot drink
<b>Loaded brunch bap</b> Sausage, bacon, hash brown and a fried egg 677 kcal
Loaded veggie bap v 🕪

# Lunch Soun of the day Q

845/563 kcal

Veggie sausages, hash brown, and topped with a fried egg 561 kcal

#### Served until 5.00pm

Soup of the day ⊙ ⊚
Jacket potato
Toasties£4.95 Choose from ham and cheese, tuna melt, baked bean melt ⊙ or cheese and tomato chutney ⊙ 481/668/570/520 kcal

Served with a Marlish soft drink or freshly brewed hot drink

# Light bites and sharers

Loaded nachos   Crunchy tortilla chips, topped with guacamole, tomato salsa, sour cream and nacho cheese sauce  745 kcal
Add chilli con carne or smoky three bean chilli ⊕ for £2.50 +76/55 kcal
Loaded fries $\odot \odot$
Chicken wings
Jalapeño poppers ①
Garlic pizza bread ⊙ ⊚ £8.95  Pizza base topped with a light covering of tomato sauce and brushed with garlic butter  1135 kcal
Cheesy garlic pizza bread 💮



### **All-time favourites**

Hand battered fish and chips
Chilli con carne ⊚
<b>Pie and mash</b>
Sausage and mash£10.50 Choose from our prime pork sausages or veggie sausages v. Served with mash, gravy and your choice of garden or mushy peas

Smothered chicken ......£12.95

Crispy buttermilk chicken fillet smothered in our sticky BBQ sauce and topped with melted mature cheddar cheese. Served with seasoned fries and our house salad

Pesto pasta : £8.95

Fusilli pasta tossed in pesto, mixed with tomatoes and baby leaf lettuce. Served with garlic bread 687 kcal

Add buttermilk chicken fillet for £2

+241 kcal

Scampi and chips .....£11.95

Wholetail Atlantic scampi served with seasoned fries, tartare sauce and mushy peas

879 kcal

### **Burgers**

Smoky chilli burger . . . . . . . £13.95

Prime beef patty topped with smoky three bean chilli, tortilla chip and American cheese

950 kcal

**Pizza marinara** . . . . . . . . . . . . . . . . . £12.95 Prime beef patty, tomato marinara sauce, pepperoni and topped with American cheese

962 kcal

912 kca

**Crispy bean burger** ® ...... £12.95 With tangy tomato chutney and American cheese

848 kcal

 Extra patty
 £2.00

 302 kcal
 £1.50

 Jalapeño popper ⊙
 £1.50

 124 kcal
 £1.50

112 kgal

Upgrade to sidewinder fries  $\odot$ .....£1.00

-10 kcal

Add a dip (9).....£0.75 Garlic mayo, sticky BBQ, sweet chilli or peri peri

133/52/38/28 kcal

### Pizzas

Margherita v ⊚ £9.95
Hawaiian£10.95
Pepperoni         £10.95           1468 kcal
Mediterranean veg and tomato chutney ⊙ ⊚ £10.95  1249 kcal
Garlic pizza bread (v) (w)
Add mozzarella for £1 +224 kcal
Add a dip £0.75 Garlic mayo, sticky BBQ, sweet chilli or peri peri 133/52/38/28 kcal

## Sides

Seasoned fries
Beer battered onion rings ⊙ £2.95
Sidewinder fries  9 £3.95 314 kcal
Garlic bread ⊙£2.95 286 kcal
Cheesy garlic bread ⊙ £3.95  411 kcal
House salad @ £2.95
N. D. R

### **Kids**

Any main, and choice of chocice (213 kcal) or fruit . . . . £6.95

#### **Chicken nuggets**

With fries and baked beans

506 kcal

#### Sausage and mash

Served with garden peas and gravy. Choice of pork or veggie sausages ©

500/314 kcal

#### Pesto pasta (v)

Served with garlic bread

530 kcal

#### Scampi

Served with fries and peas

371 kcal

# **Sweet treats**

Chocolate brownie sundae
Treacle tart (w)
Banoffee waffle stack   E5.50  Belgian waffle served with sliced fresh banana, caramel sauce, whipped cream and vanilla ice cream  590 kcal
Chocolate fudge cake£5.50 Served with chocolate sauce and vanilla ice cream

# Did you know?

Being a charity, every penny you spend helps us improve access to travel, adventure and the great outdoors. Cheers to that!

Reg. Charity No. 306122







#### \*Kids under 10 can choose from our kids menu for just £1:

Available for residents only. A kids £1 meal must be ordered alongside an adult meal costing £6 or more.

#### **Nutritional info:**

Adults need around 2000kcal a day. Calories are correct at the time of menu print. Live nutritional information is available from our Hostel Team. Our food and drinks are prepared in food areas where cross-contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require allergen information, please let us know before ordering.

#### Our ingredients:

We source our ingredients with care, using British produce wherever possible.