



Outdoor activities resources

Time: 30 minutes | cost: free | location: outdoors



Camera

Can you take a photograph without a camera or smartphone?

You will learn

To value the outdoors

Enjoy being outside, feel comfortable in nature, and feel connected to the natural environment.

To care

Help other people, think about their feelings, and care about the impact of your actions.

You will need:

- scrap paper
- pens or pencils

Before you begin

- Find a safe place to do this activity. Try to find somewhere with interesting views, ideally outdoors.




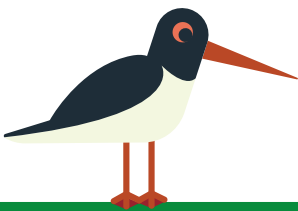
Lights, camera, action

- 1 Everyone should get into pairs. Make sure everyone knows the area for the activity, and that it is safe. In each pair there will be a 'camera' and a 'photographer'. The camera must keep their eyes closed and there must be no verbal communication.
- 2 The photographer should walk around the area with their camera and find interesting sights and views. They should position the camera and then double tap on their shoulder for them to open their eyes. After three seconds the photographer should tap the camera once more to close their eyes.
- 3 Once the photographer has taken three photographs, the players should swap roles.
- 4 After everyone has taken three photographs, bring the group back together and distribute drawing materials. Ask everyone to 'develop' their favourite photograph by drawing what they could see.



Reflection

Time	Activity
5 minutes 	This activity was about learning to take care and valuing the outdoors by capturing photographs of the area looking its best. Why did you like the photograph that you drew at the end? Why did you choose to photograph certain things? When you were the camera, did you trust your photographer at first?



Change the level of challenge

Encourage the participants to think creatively and use different angles, lenses and camera modes. Move the camera back and forth for zoom, lay them on the ground for an interesting angle and slowly spin them around for a panorama.

