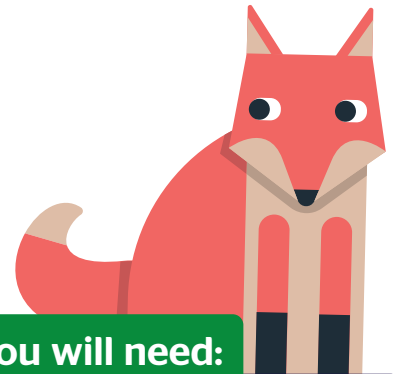




Commitment stones

Experience your local environment and make a commitment to protect it.



You will need:

- stones or pebbles
- access to outdoor space

You will learn

To be responsible

Believe in doing the right thing, being trustworthy, and doing your best.

To help your community

Be able to take an active role in the community, give to others, and make the world a better place.

Before you begin

Check the location you plan to use. Make sure that there is an area with stones or pebbles for you to use that will still be safe for everyone. Alternatively, you could purchase small pebbles from a craft store or use recyclable items such as bottle tops.



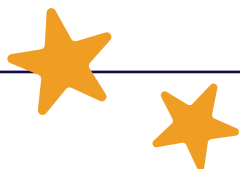
Pebble protectors

- 1 Everyone should look for a small stone that can be taken home with them. It needs to fit in their pocket.
- 2 Everyone should find a quiet spot for themselves. Once they are comfortable, everyone should pick up their stone and feel its shape, size and texture. Think about where this stone was found. What could you see, hear or touch when you found it? What shape is your stone? Is it rough or smooth?



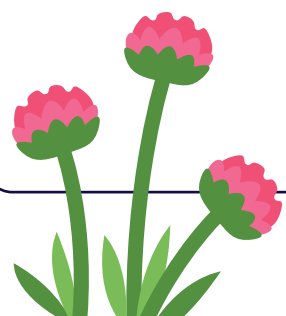


- 3 Everyone should think about what you could do to help protect the environment where you found your stone. Choose an action, big or small, that you can commit to. It could be making sure that litter is recycled or securely disposed of. Loose litter could fall into a waterway, pollute the ground, or harm an animal. Spaces are connected and looking after one area can have a great effect on others, both nearby and far away.
- 4 Everyone should keep the stone in their pocket for a while. When you put your hand in your pocket, it should remind you of your commitment and the day that you made it.



Reflection

Time	Activity
5 minutes	<p>This activity was about learning to communicate and solve problems. Asking questions and stopping to think about the spaces around us can help us experience things we haven't noticed before. You can do this both out in nature and also in the places you visit every day. Next time you're doing something you do all the time, take a moment to stop and look around. What can you notice for the first time?</p>
	<p>It's also okay not to know the answers to all your questions. Just coming up with the questions is the first step towards learning something new. What did you learn from other people's questions? What answer did you know that you were proud of? How could you find out an answer?</p>



Change the level of challenge

To make it more challenging, add a rule that no one can repeat a question that has already been asked.

