



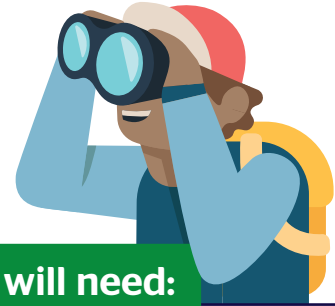
## Outdoor activities resources

Time: 30 minutes | cost: free | location: outdoors

yha

# I wonder why

Have you ever stopped and thought...why?  
Practice curiosity with this simple activity.



### You will learn

#### To communicate

Learn to express your own views, listen to others, and understand what they're trying to tell you.

#### To problem solve

Find it easier to understand challenges, consider your options, and find solutions.

### You will need:

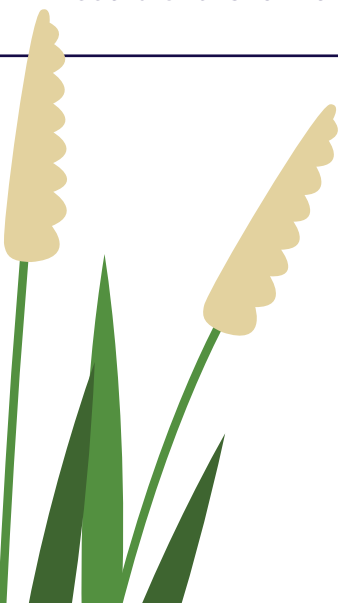
- access to outdoor space

### Why, why, why

- 1 While on any adventure outdoors, whether in the park, on a hike, or in a canoe, take a moment to pause.
- 2 Everyone should take in their surroundings and see if anything makes them feel curious. As they look at nature, ask them to say "I wonder why..." and then ask questions. They could share their questions with the rest of the group if they feel comfortable.

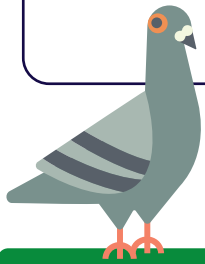
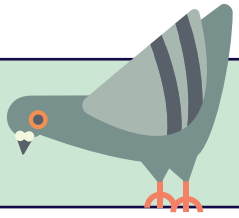
For example, they might ask: "I wonder why the trees are in straight lines?  
I wonder why the hills are all different shapes?"

- 3 If anyone knows the answer to a question, they could share it with the person who asked.



## Reflection

Time	Activity
5 minutes	<p>This activity was about learning to communicate and solve problems. Asking questions and stopping to think about the spaces around us can help us experience things we haven't noticed before. You can do this both out in nature and also in the places you visit every day. Next time you're doing something you do all the time, take a moment to stop and look around. What can you notice for the first time?</p>
	<p>It's also okay not to know the answers to all your questions. Just coming up with the questions is the first step towards learning something new. What did you learn from other people's questions? What answer did you know that you were proud of? How could you find out an answer?</p>



## Change the level of challenge

To make it more challenging, add a rule that no one can repeat a question that has already been asked.

