

# YHA Edale Activity Timetable

## Example 5 Day

|         |                | Mon, 20 May |               |                           | Tue, 21 May               |               |                           | Wed, 22 May               |               |                           | Thu, 23 May               |               |                           | Fri, 24 May |
|---------|----------------|-------------|---------------|---------------------------|---------------------------|---------------|---------------------------|---------------------------|---------------|---------------------------|---------------------------|---------------|---------------------------|-------------|
|         |                | 1400-1500   | 1500-1700     | 1830-2030                 | 0900-1230                 | 1330-1700     | 1830-2030                 | 0900-1230                 | 1330-1700     | 1830-2030                 | 0900-1230                 | 1330-1700     | 1830-2030                 | 0900-1230   |
|         |                | Session 1   | Session 2     | Session 3                 | Session 4                 | Session 5     | Session 6                 | Session 7                 | Session 8     | Session 9                 | Session 10                | Session 11    | Session 12                |             |
| Group 1 | <b>arrival</b> | icebreakers | problem solve | rock climb                | caving                    | night hike    | abseil                    | archery/<br>fire lighting | self led      | moorland<br>orienteering  | canoe                     | treasure hunt | jacobs/<br>crate stack    |             |
| Group 2 |                | icebreakers | problem solve | jacobs/<br>crate stack    | rock climb                | night hike    | caving                    | abseil                    | self led      | archery/<br>fire lighting | moorland<br>orienteering  | treasure hunt | canoe                     |             |
| Group 3 |                | icebreakers | problem solve | caving                    | jacobs/<br>crate stack    | night hike    | rock climb                | moorland<br>orienteering  | self led      | canoe                     | archery/<br>fire lighting | treasure hunt | abseil                    |             |
| Group 4 |                | icebreakers | problem solve | canoe                     | caving                    | night hike    | jacobs/<br>crate stack    | rock climb                | self led      | moorland<br>orienteering  | abseil                    | treasure hunt | archery/<br>fire lighting |             |
| Group 5 |                | icebreakers | night hike    | archery/<br>fire lighting | canoe                     | problem solve | caving                    | jacobs/<br>crate stack    | treasure hunt | rock climb                | moorland<br>orienteering  | self led      | abseil                    |             |
| Group 6 |                | icebreakers | night hike    | abseil                    | archery/<br>fire lighting | problem solve | canoe                     | caving                    | treasure hunt | jacobs/<br>crate stack    | rock climb                | self led      | moorland<br>orienteering  |             |
| Group 7 |                | icebreakers | night hike    | abseil                    | moorland<br>orienteering  | problem solve | archery/<br>fire lighting | canoe                     | treasure hunt | caving                    | jacobs/<br>crate stack    | self led      | rock climb                |             |
| Group 8 |                | icebreakers | night hike    | rock climb                | abseil                    | problem solve | moorland<br>orienteering  | archery/<br>fire lighting | treasure hunt | canoe                     | caving                    | self led      | jacobs/<br>crate stack    |             |

| Group Info  |  |              |                    |           |      |
|---|--|--------------|--------------------|-----------|------|
| Leader  |  | Group Size   | 88+9 (13-16 years) | Arrival   | 1400 |
|   |  | Evening Meal | 1730               | Departure | 1330 |
| Aims  |  |              |                    |           |      |
| Team building<br>Resilience<br>Social skill development |  |              |                    |           |      |